



Mind Bearer Ltd

SHARE | LEARN | GROW

Associate Programme



Agenda



Counselling Services

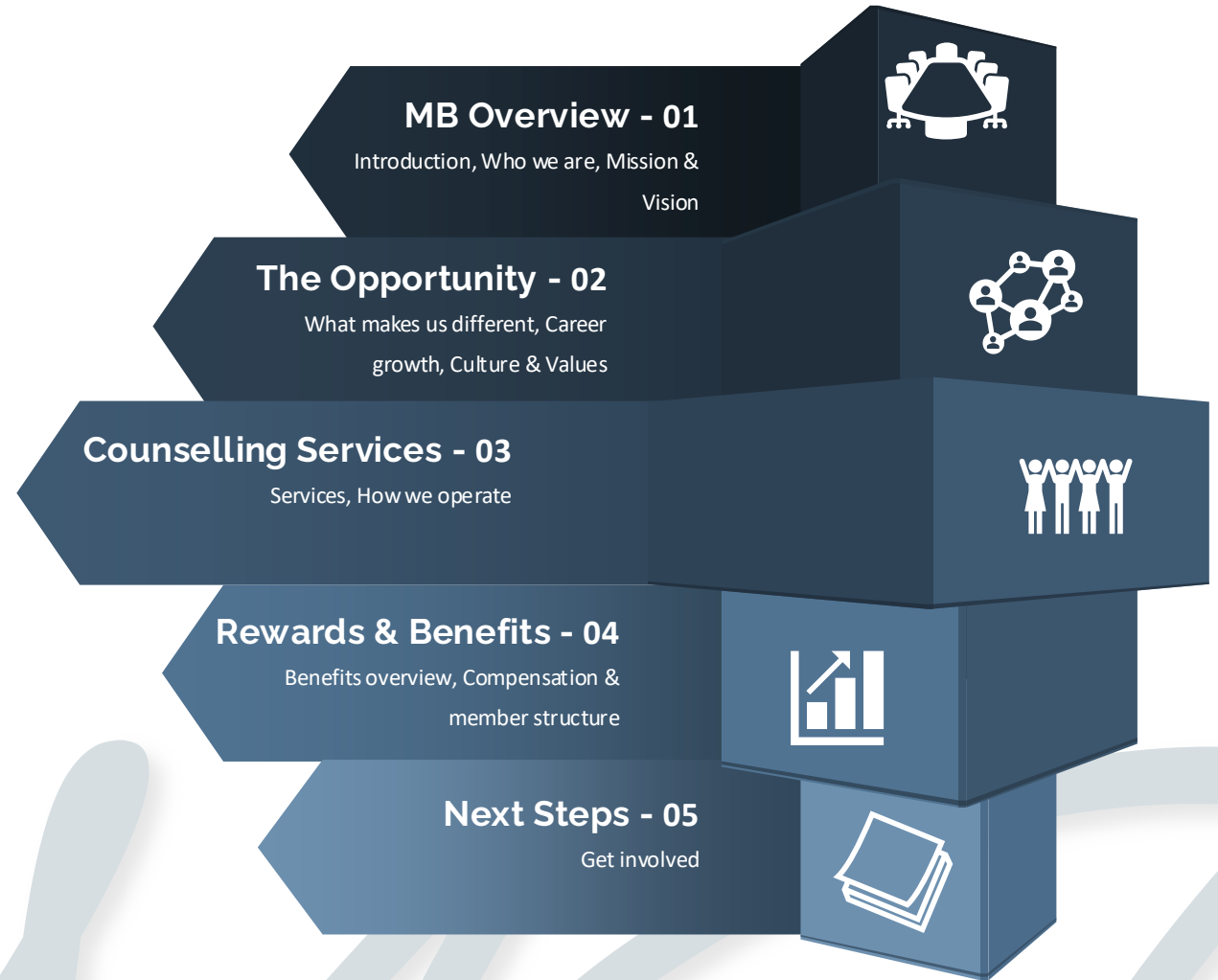
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There is no reliable published statistic giving an exact percentage of counselling students who struggle to find placements.

However, multiple UK counselling and psychotherapy training sources describe it as one of the biggest challenges in training, with placements being “competitive,” “stressful,” and difficult to secure because agencies receive far more applications than they can accept.

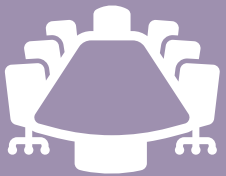
Establishing your own private practice is also challenging with a significant amount of effort related to support services and administration.

Mind Bearer – Associate Programme



Mind Bearer - Overview

Counselling Services





Introduction



Mind Bearer Ltd. is a **client-centred counselling service** dedicated to connecting individuals with the right therapeutic support for their unique needs. We understand that effective counselling is not one-size-fits-all—successful outcomes depend on the **quality of the relationship** between client and counsellor, as well as the relevance of the counsellor's expertise.

Our approach is built around **thoughtful, personalised matching**. We take the time to understand each client's circumstances, preferences, and goals, ensuring they are paired with a counsellor whose skills, experience, and style align closely with what they need. Whether someone is seeking support for anxiety, trauma, relationship challenges, or personal development, we aim to remove the uncertainty from finding the right professional.

Mind Bearer Ltd. works with a **diverse network of associate counsellors**, enabling us to offer a broad range of therapeutic approaches and specialisms. This allows us to match clients not only based on their presenting concerns, but also on factors such as **communication style, cultural understanding**, and availability.

By prioritising compatibility and clarity from the outset, we help clients begin their counselling journey with confidence. Our goal is simple: to ensure every individual is supported by a counsellor who is well-suited to guide them forward.



Who we are



At Mind Bearer Ltd., we believe no one should have to carry their thoughts, emotions, or struggles alone.

We offer a **warm, compassionate, and confidential counselling space** where you can feel truly heard—without judgement, pressure, or expectation. Whether you're feeling overwhelmed, stuck, anxious, grieving, or simply unsure of your next steps, we are here to walk alongside you.

“Mind Bearer” reflects what we stand for: helping to **gently hold and support the weight of your experiences**, while empowering you to better understand yourself and move forward in a way that feels right for you.

We understand that every person's story is unique. That's why our work is not one-size-fits-all. We take time to build a **trusting therapeutic relationship** and tailor our approach to your individual needs, pace, and goals.



Mission and vision



Our Mission

To provide a safe, empathetic, and professional counselling service where individuals feel supported in exploring their inner world, strengthening emotional wellbeing, and creating meaningful, lasting change.

Our Vision

We envision a world where seeking support for mental and emotional wellbeing is met with openness, compassion, and accessibility - where people feel empowered to understand themselves more deeply and live with greater clarity, resilience, and connection.

Our Belief

We believe qualified and trainee counsellors have much to offer and deserve meaningful opportunities to grow through supported environments. By investing in the required structures with guidance, trust, and inclusive learning environments, we strengthen the future of counselling while increasing access to compassionate, ethical support within our communities.

Opportunity

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Meet the team



A skilled and experienced team to support your journey and ambitions in counselling practice.



Nina Nilson

Resident & Lead Counsellor



Richard Nettleship

Practice Manager



Donna Arnold-Jones

Practice Supervisor



What makes us different



Mind Bearer is more than an enabling structure - it is a **supportive professional community** built around connection, growth, and belonging. We recognise that counselling training and practice can often feel isolating, especially when navigating business management, services, placements, professional development, and the emotional demands of the work.

Our community is designed to **bring trainee and qualified counsellors together** in a space where associates feel encouraged, valued, and supported at every stage of their journey. Through shared learning, peer connection, reflective spaces, and accessible opportunities, we aim to create a culture of collaboration rather than competition.

We believe people grow best in community.

By fostering meaningful relationships, shared experience, and mutual encouragement, Mind Bearer helps associates build confidence, develop professionally, and feel **part of something bigger than themselves.**



Culture and values



Our culture is inclusive, authentic and positive. Working together to share, learn and grow for our team and clients.



Compassion



Respect



Confidentiality



Integrity



Collaboration



Growth



Accessibility



Mind Bearer Ltd.



What we are looking for...



- **Compassionate and Empathetic**
 - Able to listen deeply and respond with care, patience, and understanding. We value counsellors who can build trust and help clients feel emotionally safe.
- **Entrepreneurial and Growth-Minded**
 - Motivated to grow professionally, build a client base, and take ownership of their personal brand and future practice. We are looking for counsellors who see counselling not only as a profession, but as a purpose-driven business and long-term career.
- **Self-Motivated and Ambitious**
 - Driven to continuously improve, take initiative, and contribute to the growth of counselling services and Mind Bearer while developing their own counselling identity.
- **Personal Development**
 - Committed to ongoing learning, reflective practice, supervision, and professional development. We value counsellors who actively seek to improve their skills and stay informed about best practices in mental health support.
- **Aligned with the Mind Bearer Mission**
 - We are seeking counsellors who genuinely care about making a positive difference in people's lives and who believe in promoting emotional wellbeing, resilience, and hope...

Counselling Services

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Services



Anxiety & Stress

Manage worries and feel more in control.



Low Mood & Depression

Find hope, clarity and emotional balance.



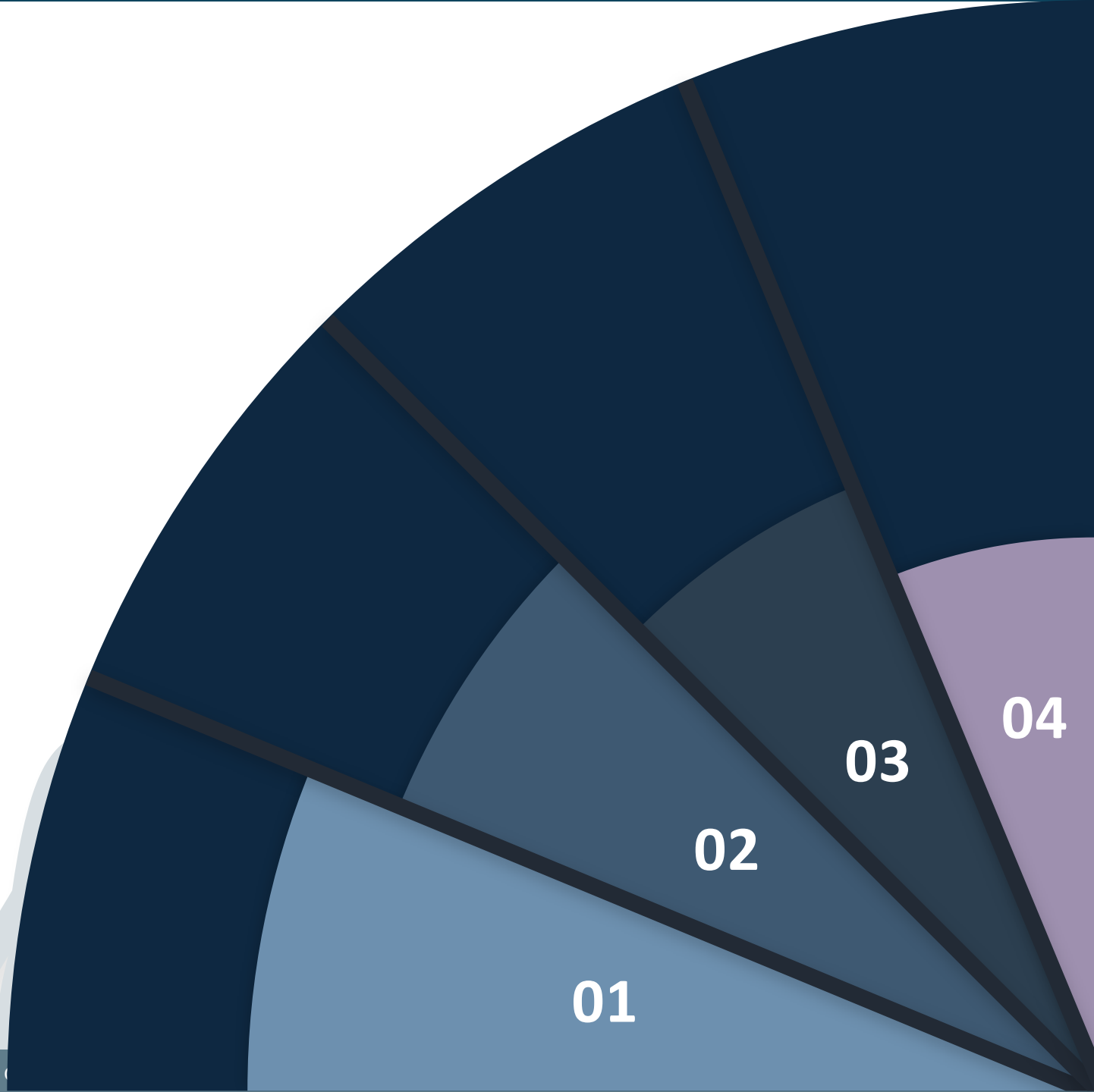
Relationships & Self-Esteem

Build stronger relationships and confidence.



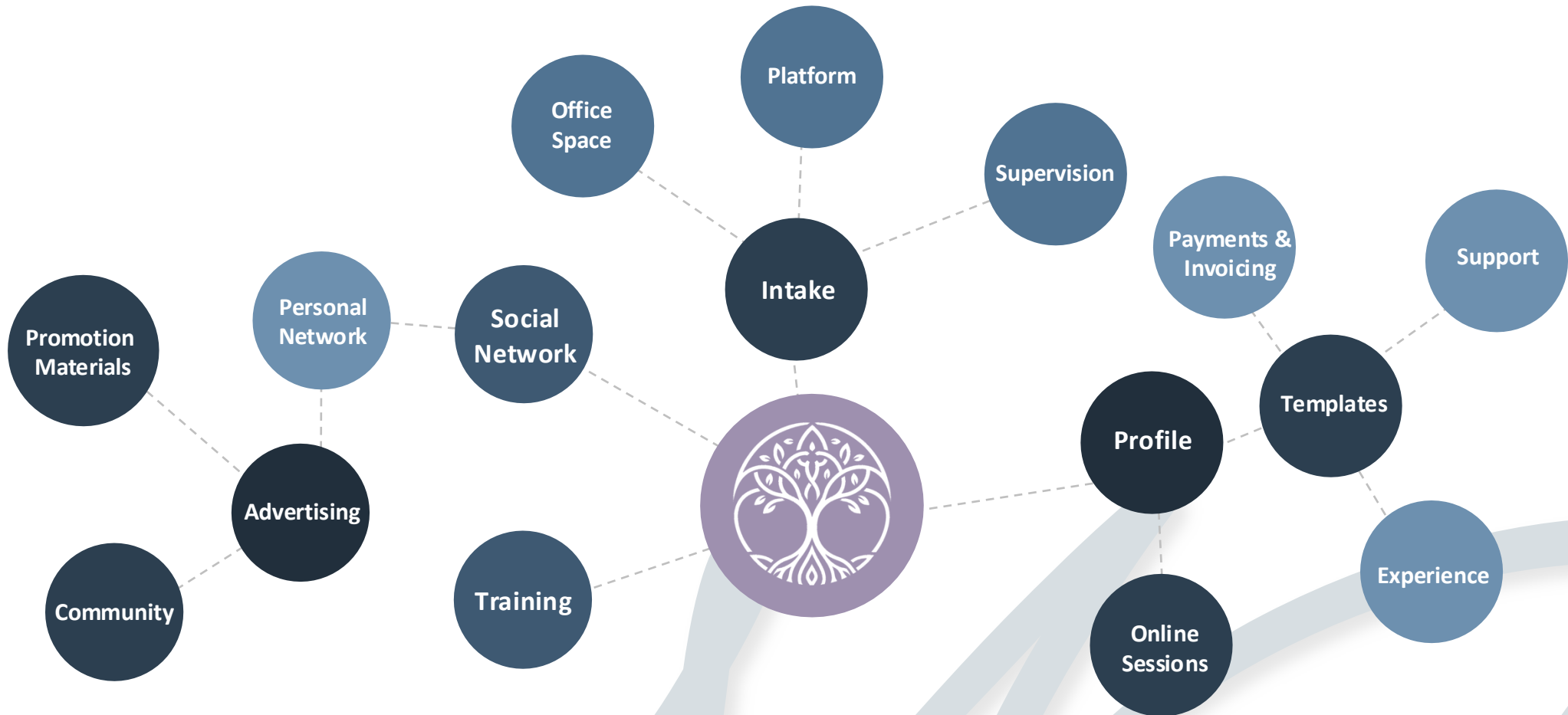
Life Transitions & Personal Growth

Navigate change and create a more fulfilling life.





How we operate



Rewards & Benefits

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Benefits overview



Description	Trainee	Counsellor
Marketing Materials	Yes	Custom
DBS Check	Enhanced	Enhanced
Office	Flexible	Dedicated
Supervision	Group	Group
Personal Indemnity	Included	Included
Online Counselling	Optional	Included
Site Profile	Basic	Showcase
Client Intake	Included	Included
Training	Group	Group
Practice Management	Managed	Direct Access
Compensation	40% of fees charged	80% of fees charged



Get involved



07599 947 830



hello@mindbearer.com



<https://www.mindbearer.com/associates/>



MIND BEARER LTD.

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You don't have to carry it all alone...